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Statutory Policy

2.20S Sex Education Policy




Date Reviewed and Adopted

Mar 10, 2023

Date of Next Review

Signed


[Louisa Roberts \(Mar 10, 2023 18:18 GMT\)](#)

Chair of Governors

Signed


[Elizabeth Knight \(Mar 10, 2023 09:20 GMT\)](#)

Headteacher

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Revision Log

Rev	Date	Reason
1.0	7/5/2017	Initial Issue
1.1	20/6/2017	Revised following staff comments
1.2	6/12/2022	Periodic Review

1. Aims and Purpose of a Sex and Relationships Education Policy

The aims of Sex and Relationships Education at Ysgol Bro Famau are to:-

- Equip pupils to be personally and socially effective by providing learning experiences in which pupils can develop skills, explore attitudes, values and personal qualities, and acquire and apply appropriate knowledge and understanding within the sexual aspect of their lives at age appropriate key stages;
- Develop pupils' self-esteem and personal responsibility so that they can become adults who can experience fulfilling personal and sexual relationships;
- Prepare pupils for the challenges, choices and responsibilities of their developing sexuality and maturing fertility;
- Empower pupils to participate in their communities as active citizens who take responsibility for their sexual behaviour;
- Foster and encourage positive attitudes and behaviour towards members of the community whose sexuality is different from their own.

2. Environment and Ethos of the School

In the school context, PSE comprises all that a school undertakes to promote the personal and social development of its pupils. This includes all the planned learning experiences and opportunities, which take place not only in the classroom but also in other areas of school experience, which are features of the ethos and community life of the school.

At Ysgol Bro Famau we teach sex education in the context of our school's aims and values. While sex education in our school means that we give children information about sexual behaviour, we do this with an awareness of the moral code and values which underpin all our work in school.

3. The Sex and Relationships Education Curriculum in School

Education about relationships for 3-7 year-olds will focus on the building of self-esteem by encouraging learners to:

- Value themselves
- Recognise and communicate their feelings
- Form friendships and relationships

Sex and Relationships Education should help 7-11 year-olds to understand

- The importance of personal safety and what to do or whom to go to when feeling unsafe
- The range of their own and others' feeling and emotions
- The reasons for the physical and emotional changes that take place at puberty, including conception, pregnancy and birth
- How to distinguish between appropriate and inappropriate touching

4. Organisation and Delivery of the Sex and Relationships Education Curriculum in School

4.1. Foundation Phase

- Maintain personal hygiene, feeling good about themselves, achievements recognised, make real choices (healthy lifestyle)
- Process of growing up from young to old and how people's needs change (Ourselves Topic)
- The names of the main parts of the body (Ourselves Topic)
- That household objects, including medicines, can be harmful if not used properly (Who What Where session by PC Heledd)
- Rules for and ways of keeping safe, including basic road safety and people who can help them keep safe (People Who Help Us Session PC Heledd)
- Classroom rules, sharing responsibility for their own behaviour (Right and Wrong session by PC Heledd)

4.2. KS2

Developed through consultation with Paula Roberts, Denbighshire PSHE Advisor.

4.2.1. Year 3

Lesson idea	Resource	Who	PSE
Who am I?	<i>Knowing Me, Knowing You Book</i> <i>Page 65, resource 13</i> Who Am I? Describes likes and dislikes – can be done independently, in pairs or group. <i>Family Planning Association JIWSI Book</i> <i>Page 17</i> About Me activity	School	Health and emotional well-being: <ul style="list-style-type: none">• Understands the range of their own and others feelings and emotions• Feel positive about themselves and be sensitive towards feelings of others.
Different parts of me	<i>Knowing Me, Knowing You Book</i> <i>Page 73, resource 17</i> Identifies different people in their lives and importance of them - can be completed in pairs, individual or group.	School	Health and emotional well-being: <ul style="list-style-type: none">• What to do or to whom to go when feeling unsafe.

Lesson idea	Resource	Who	PSE
Personal hygiene	<p>Family Planning Association JIWSI Book Page 32 & 33</p> <p>What's in the bag? The session can be delivered as a circle time discussion</p> <p><i>Some of Your Bits Ain't Nice</i></p> <p>Personal hygiene video</p>	<p>Young People's Health Advisor</p> <p>School</p>	<p>Health and emotional well-being:</p> <ul style="list-style-type: none"> • Taking increasing responsibility for keeping the mind and body safe and healthy.

4.2.2. Year 4

Lesson idea	Resource	Who	PSE
<p>Friendship</p> <p>What kind of things do you like doing on your own or with a friend?</p> <p>What makes a really good friend</p>	<p>Family Planning Association JIWSI Book Page 18 & 19</p> <p>Similar and different</p> <p>Describes likes and dislikes – can be done independently, in pairs or group.</p> <p>SENSE DVD Section 3</p> <p>Enjoying and achieving Followed by circle-time discussion</p>	School	<p>Health and emotional well-being:</p> <ul style="list-style-type: none"> • Understands the range of their own and others feelings and emotions • Feel positive about themselves and be sensitive towards feelings of others.
Naming private body parts	<p>Family Planning Association JIWSI Book Page 23 & 24</p> <p>Body Bits Graffiti</p> <p>A fun activity which encourages everyone to get involved in learning about sexual and reproductive parts of the body.</p>	<p>School</p> <p>Young People' Health Advisor</p>	<p>Health and emotional well-being</p> <ul style="list-style-type: none"> • Understand the reason for the physical changes which take place at puberty

Lesson idea	Resource	Who	PSE
Personal hygiene	SENSE DVD Section 1 Being Healthy – how to keep clean and smelling nice	Young People's Health Advisor/ School	Health and emotional well-being <ul style="list-style-type: none"> • Taking increasing responsibility for keeping the mind and body safe and healthy.

4.2.3. Year 5

Lesson idea	Resource	Who	PSE
Friendship – What kind of things do you like doing on your own or with a friend? What makes a really good friend	Family Planning Association JIWSI Book Page 18 & 19 Similar and different Describes likes and dislikes – can be done independently, in pairs or group. SENSE DVD Section 3 Enjoying and achieving Followed by circle-time discussion	School	Health and emotional well-being: <ul style="list-style-type: none"> • Understands the range of their own and others feelings and emotions • Feel positive about themselves and be sensitive towards feelings of others.
Naming private body parts	Family Planning Association JIWSI Book Page 23 & 24 Body Bits Graffiti A fun activity which encourages everyone to get involved in learning about sexual and reproductive parts of the body.	School Young People's Health Advisor	Health and emotional well-being <ul style="list-style-type: none"> • Understand the reason for the physical changes which take place at puberty

Lesson idea	Resource	Who	PSE
Personal hygiene	<p>SENSE DVD Section 1</p> <p>Being Healthy – how to keep clean and smelling nice</p>	Young People's Health Advisor/ School	<p>Health and emotional well-being</p> <ul style="list-style-type: none"> •Taking increasing responsibility for keeping the mind and body safe and healthy.

4.2.4. Year 6

Lesson idea	Resource	Who	PSE
<p>Friendship –</p> <p>What kinds of things do you like doing on your own or with a friend?</p> <p>What makes a really good friend</p> <p>How to make and keep friends</p>	<p><i>I am, I know, I can Book Lesson 53</i></p> <p>Relationships.</p> <p><i>Family, friends and relationships, Me and Us Book Page 15, activity 13</i></p> <p>Torn Apart - to enable students understand what it is like to be bullied and how a bystander might be able to help. This can be used with -</p> <p>SENSE Section 2</p> <p>Staying safe – bullying, followed by circle-time.</p>	School	<p>Health and emotional well-being:</p> <ul style="list-style-type: none"> •Understands the range of their own and others feelings and emotions •Feel positive about themselves and be sensitive towards feelings of others. <p>Active Citizenship:</p> <ul style="list-style-type: none"> •Value families and friends as source of mutual support •Understand situations which produce conflict and the nature of bullying •Develop respect for themselves and others

Lesson idea	Resource	Who	PSE
Puberty	<p><i>I am, I know, I can Book</i></p> <p>Emotional changes (lesson 30) Physical changes (lesson 46)</p> <p><i>SENSE DVD Section 1</i></p> <p>Being healthy - What is puberty? What happens to boys during puberty? What happens to girls during puberty?</p> <p><i>Rollercoaster game</i></p> <p><i>All about Me Video</i></p> <p><i>4 You Leaflet Periods leaflet</i> Available from FPA - www.fpa.org.uk</p>	<p>School</p> <p>Young People's Health Advisor</p>	<p>Health and emotional well-being</p> <ul style="list-style-type: none"> • Understand the reason for the physical and emotional changes which take place at puberty • Understand the range of their own and other's feelings and emotions
Sex	<p><i>Knowing me, Knowing you Book Activity 63</i></p> <p>Sexual activity and reproduction</p> <p><i>SENSE DVD Section 1</i></p> <p>Being healthy (link to sex section)</p>	<p>Young People's Health Advisor</p>	<p>Health and emotional well-being</p> <ul style="list-style-type: none"> • The reasons for the physical and emotional changes which take place at puberty, to include conception, pregnancy and birth;
Personal hygiene	<p><i>SENSE DVD Section 1</i></p> <p>Being healthy, how to keep clean and smelling nice</p> <p><i>Knowing me, Knowing you (Book) Page 150, activity 57</i></p> <p>Game- personal hygiene & clothes</p>	<p>Young People's Health Advisor</p> <p>School</p>	<p>Health and emotional well-being:</p> <ul style="list-style-type: none"> • Taking increasing responsibility for keeping the mind and body safe and healthy.

There will be:-

- Systematic delivery of cross-curricular themes through all areas of the National Curriculum;
- Planned circle time – or planned time for open discussion and debate
- Well-planned extra curricular opportunities.

Resources will include the use of:-

- SENSE – growing up and keeping safe DVD
- Books such as; Knowing me Knowing You, I am I know I can from School Library Service and North East Wales Health Promotion Library
- JIWSI Folder– available from Family Planning Association
- I am, I know, I can Folder – PSHE and Citizenship Ages 5-11

5. The Role of Parents

Ysgol Bro Famau is aware that the primary role in children's sex education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children at Ysgol Bro Famau through mutual understanding, trust and co-operation. In promoting this objective we will:

- Inform parents about Ysgol Bro Famau's sex education policy
- Answer any questions that parents may have about the sex education of their child
- Take seriously any issue that parents raise with teachers or governors about this
- policy or the arrangements for sex education in the school.

Parents have the right to withdraw their child from all or part of the sex education programme that we teach in our school. If a parent wishes their child to be withdrawn from sex education lessons, they should discuss this with the Head teacher, and make it clear which aspects of the programme they do not wish their child to participate in. The school always complies with the wishes of parents in this regard.

The School's Governing Body will consult with parents/carers and the wider community to ensure that the policy takes account of parents'/carers' wishes and meets the needs of the community Ysgol Bro Famau serves.

6. The Role of Other Members of the Community

We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, all offer valuable support with the sex education programme.

7. Child Protections/Confidentiality

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the Head Teacher /Designated Child Protection person in line with the LEA procedures for child protection.

A member of staff cannot promise confidentiality if concerns exist.

Topics raised by the students (which may not be part of the agreed curriculum) will also be addressed and support given to teachers will be given to answer learners' questions.

8. Integration of Other 'Specific Issue' Statements

Consideration has been given to how existing school policy statements, which have a bearing on the sexual health and well-being of pupils are integrated. To ensure the complementary role of all school policies to the PSE curriculum such that the curriculum reflects the contents of the policy and the policy reinforces the curriculum, the following procedures have been specifically reviewed.

- Child withdrawal procedures
- Child sexual abuse procedures
- Bullying procedures
- Drugs & alcohol procedures
- Equal opportunities statement
- Medication policy
- Healthy School Scheme

9. Dissemination of the Sex and Relationships Education Policy

Ysgol Bro Famau will disseminate this policy to:

- Teaching staff;
- School Council/Pupils;
- Parents;
- Governors;
- Guest-speakers who come in to school to deliver elements of PSE;
- The School Health Service;
- All associated bodies

10. Review

This policy will be reviewed every three years or sooner as appropriate. Earlier reviews will occur if there are any significant changes to the school circumstances.











2.20S Sex Education Policy 1.2

Final Audit Report

2023-03-10

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