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June 27<sup>th</sup> 2023

## **TATA KIDS OF STEEL TRIATHLON** **Tuesday July 4<sup>th</sup> 2023**

Annwyr Rieni/Dear Parents and Carers

Once again we will be taking part in the TATA Kids of Steel Triathlon event at Mold Leisure Centre on **Tuesday July 4<sup>th</sup>**. The bus will leave school at 11.00am and will return to Llanarmon at 1.30pm. All children should bring a packed lunch and plenty of drink.

This swim-bike-run event is fun, non-competitive and inclusive. The TATA Steel team is available to support every child to take part, including children with physical disabilities and special educational needs. Therefore, we encourage all children to take part in the event as alternatives can be provided, for example, swim aids, shorter options, a static hand bike and a tandem bike, if required.

Here is some information for the day:

- The activity will last approximately 1 – 2 hours.
- Children should arrive changed into their swim kit with their PE kit over the top
- Children should bring a swim cap, towel, trainers and **a spare change of dry clothes** to get changed into after the event. If any of your children require any medical equipment e.g. inhalers please bring them with you and ensure they are available at all points during the activity. Children should not carry their own through the activity
- All the equipment required to participate is provided, children do not need to bring their own helmets/ bikes
- Children should not bring any valuables such as jewellery, mobile phones or tablets. Lockers or secure storage will not be available. Their belongings should ideally fit into one bag. We give each child a basket to keep their belongings in whilst taking part in the activity

- This event is non-competitive and untimed (no results sheet). Every child will receive a Tata Kids of Steel medal for taking part to celebrate their achievement
- **Transition** – please note that after their swim, children will not return to the changing rooms to change prior to the bike. On poolside, they will put their t-shirt on over their swim kit and put on their trainers (no socks!) – they may also wish to wear shorts for the bike and run.

We are kindly asking for a contribution of £4 per child towards the transport. Please pay this on Parentpay

We look forward to an enjoyable afternoon.

Yours sincerely

Mrs E. Knight