



AM DDIM | FREE

Sesiynau Hwyl i'r Teulu

Family Fun Sessions

Gweithareddau i'r teulu i gyd gan gynnwys: Chwarae meddal, Pel-droed, Dodgeball, Gweithgareddau i'r synhwyrau, Boccia, Gemau gardd a chwrs rhwystrau llawn hwyl i'r teulu!

Activities for the whole family including: Soft Play, Football, Dodgeball, Sensory Activities, Boccia, Garden games and a fun family obstacle course!

YM MLE?

WHERE?

Canolfan Hamdden Rhuthun
Dydd Llun 31ain Hydref
10am - 12pm

Ruthin Leisure Centre
Monday 31st October
10am - 12pm

Canolfan Hamdden Prestatyn
Dydd Mawrth 1af Tachwedd
10am - 12pm

Prestatyn Leisure Centre
Tuesday 1st November
10am - 12pm



Welwn ni chi yno! See you there!

Am fwy o wybodaeth ebostiwch | For more information
ActiveCommunities@denbighshireleisure.co.uk

