

NEW IMPROVED MENUS

| WEEK ONE | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|------------------------|-------------------------------|-----------------------------|-------------------------|
| MAIN MEAL | Fillet of Fish Burger In a Bun Lemon Mayo | Bolognese | Curry of the Day | Roast Turkey Stuffing Gravy | Pizza |
| CHOICE | Veggie Nuggets | Vegetable Lasagne | Tomato & Vegetable Pasta Bake | Jacket Potato with Filling | Vegetable Quiche |
| CARBOHYDRATE | Paprika Potato Wedges | Spaghetti Garlic Bread | Boiled Rice Naan Bread | Roast Potatoes | Chips |
| VEGETABLES | Mixed Salad | | | Fresh Carrots Broccoli | Salad Sticks Mayonnaise |
| SALAD TROLLEY | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley |
| SWEET | Frozen Yoghurt Fruit Compote | Australian Crunch | Eves Pudding Custard | Pear Helene | Carrot Cake |

Commencing: 01/11, 22/11, 13/12, 17/01, 07/02, 07/03, 28/03, 02/05, 23/05, 30/05, 20/06, 11/07, 05/09, 26/09, 17/10

Available Daily -
Filled Jacket Potato - Yoghurt and Fresh Fruit

School meals could be free if you are in receipt of certain benefits or have a limited income, visit www.denbighshire.gov.uk

We cater for most special diets - please contact your child's school to discuss further.



NEW IMPROVED MENUS

| WEEK TWO | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---------------------------|----------------------------|-----------------------|------------------------------|------------------------------------|
| MAIN MEAL | Meatballs in Tomato Sauce | Toad in the Hole Gravy | Tacos Or Enchiladas | Roast Pork Apple Sauce Gravy | Chicken Goujons in a bun BBQ Sauce |
| CHOICE | Macaroni Cheese | Jacket Potato With filling | Vegi Taco/Enchilada | Assorted Tortilla Wraps | Veggie Burger |
| CARBOHYDRATE | Pasta Crusty Bread | Creamed Potatoes | Loaded Potato Skins | Roast Potatoes | Chips |
| VEGETABLES | | Mixed Veg | Corn on the Cob Salsa | Fresh Carrots Broccoli | Mixed Salad |
| SALAD TROLLEY | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley |
| SWEET | Milkshake & Shortbread | Saucy Chocolate Pudding | Apple Crumble Custard | Mandarin Mousse | Toffee Cupcake |

Commencing: 08/11, 29/11, 20/12, 27/12, 03/01, 24/01, 14/02, 21/02, 14/03, 04/04, 11/04, 18/04, 09/05, 06/06, 27/06, 18/07, 25/07, 01/08, 08/08, 15/08, 22/08, 29/08, 12/09, 03/10, 24/10, 31/10

Available Daily -
Filled Jacket Potato - Yoghurt and Fresh Fruit

Enjoy our seasonal menus, warming for winter, lighter for the summer

We buy local produce wherever possible, supporting local farmers and reducing our impact on the environment



NEW IMPROVED MENUS

| WEEK THREE | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|----------------------------------|------------------------------------|------------------------------|--|--|
| MAIN MEAL | Fishcake | Burritos Sour Cream | Chicken Crumble Pie Gravy | Gammon Pineapple | Fishfinger Hotdog Tomato Sauce |
| CHOICE | Vegetable Fritata | Vegetable Chilli | Quorn Sausage | Assorted Baps | Veggie Hotdog |
| CARBOHYDRATE | Waffles | Rainbow Rice | Creamed Potatoes | Roast Potatoes | Chips |
| VEGETABLES | Baked Beans | Salsa | Peas Sweetcorn | Fresh Carrots Cauliflower Cheese | Salad Sticks |
| SALAD TROLLEY | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley | Salad Trolley |
| SWEET | Yoghurt Fresh Fruit Wedges | Steamed Syrup Sponge Custard | Fruit Flapjack | Fruit Jelly Ice Cream | Chocolate Brownie |

Commencing: 15/11, 06/12, 10/01, 31/01, 28/02, 21/03, 25/04, 16/05, 13/06, 04/07, 19/09, 10/10

Available Daily -
Filled Jacket Potato - Yoghurt and Fresh Fruit

School meals
introduce your child
to a world of new
tastes and flavours

The importance of a
nutritious meal at
lunchtime shouldn't be
underestimated as it
helps with concentration
and learning

